

E-Learning Course Title: Medicinal uses of spices

Registration Fee (including GST):- 1500/-

## **About eLearning Program**

In this tutorial, we shall focus on some common household spices and their efficacies as medicines. Spices are known as appetizers and are considered essential in the culinary arts all over the world. They add a tang and flavor to otherwise bland and insipid foods.

## **eLearning Course Coverage**

To achieve these course objectives, this course consists of the following 4 modules:

Module 1- History of spices

Module 2- Seeds and fruits

Module 3- Arils, Resins, Flower Buds Bark, Bulb, Roots & Rhizomes

Module 4- Flower Stigma & Leaf

## Register to learn

## Module 1- History of spices

- The fame of Indian spices is older than recorded history
- Sailing ships carried spices to Mesopotamia, Arabia, and Egypt
- Many traders from other lands travelled to India for spices

#### Module 2- Seeds and fruits

- To discuss the importance of some seeds used as spices
- To discuss the importance of such seeds for their medicinal value

- To discuss the importance of some fruits used as spices
- To discuss the importance of such fruits for their medicinal value

# Module 3- Arils, Resins, Flower Buds Bark, Bulb, Roots & Rhizomes

- To learn about the medicinal uses of mace, asafoetida, clove, cinnamon, garlic, horseradish, turmeric, and ginger
- To learn about uses of mace, asafoetida, clove, cinnamon, garlic, horseradish, turmeric, and ginger as flavouring agents

## Module 4- Flower Stigma & Leaf

- To learn about some flowers and leaves used as spices
- To learn about the medicinal value of some flowers and leaves which are used as spices

Thanks & Regards

NPC Team IT Group

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